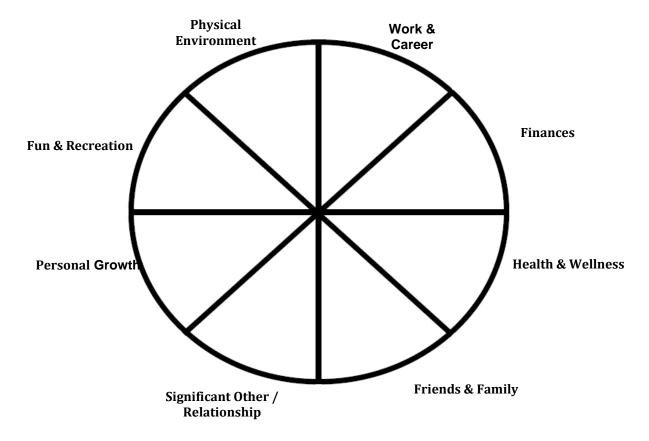
The Wheel of "Stuckness" – and Getting Out of It



The WILD Wheel:

The BRAVE Box:

Physical Environment
Work & Relationships
Fun & Recreation
Finances
Personal Growth
Health & Wellness
Significant Other
Family & Friends

This Coaching Tool has been provided by Hendrix Coaching & Consulting Visit <u>www.hendrixcoaching.com</u> for more tools and resources!